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**ALABAMA STATE GAMES Wrestling Coordinator:**

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**MANDATORY PRE-REGISTRATION FOR BOTH DUALS AND INDIVIDUAL TOURNEYS**

**Teams/Duals Registration Fee Per Team:**

**Boys \$250 / Girls \$150**

**AHSAA / NFHS Member Schools competing in the Teams/Duals Tournament may pay via check: ASF Foundation | P.O. Box 20117 | Montgomery, AL 36120-20117**

**Alabama State Games can provide W9 forms if needed.**

**Teams are defined as (for girls) being able to fill at least 5 weight classes & (for boys) being able to fill at least 8 weight classes**

**AHSAA/NFHS rules do not allow combining student-athletes from different schools to form one duals team. For example: Reeltown High School and Susan Moore High School cannot combine wrestlers to form one duals team.**

**Duals Format will use AHSAA Approved Weight Classes for boys and girls.**

**Weigh-ins will be held June 8 beginning at 8 a.m.(CST), at Duals site:**

**Boys - Hewitt Trussville HS / Girls Hoover HS**

**Wrestlers will get a 4-pound weight allowance.**

**Wrestling will begin at 9 a.m. (CST)**

**Events are free to the public**

**Teams Register through ALAGAMES.com - Notify Duals Tournament Directors of intent.**

**Boys Duals - Coach Chris Pike (Hewitt-Trussville):**

**[Christopher.Pike@trussvillecityschools.com](mailto:Christopher.Pike@trussvillecityschools.com) or 205-602-5708**

**Girls Duals - Coach Anthony Drew (Hoover)**

**[adrew@hoover.k12.al.us](mailto:adrew@hoover.k12.al.us) or 205-876-6713**

**Individual Tri-Style Tournament (June 9 @ Hoover High School) Information**

Registration will cost \$25 for 1 style, \$5 for each additional style.

Must be paid online at ALAGAMES.com

Registration DEADLINE: May 25, 2024, at 2 pm CST Individuals register through Trackwrestling.com or ALAGAMES.com

All wrestlers must weigh in wearing a singlet.

All wrestlers will get a 4-pound weight allowance at weigh-ins.

Satellite Weigh-ins Accepted June 6, 2024 from 6-8 p.m. (CST)

**Satellite Weigh-ins (INDIVIDUAL TOURNAMENT ONLY): Contact Tournament Director Ben Wanagat (205-422-1078) for additional information or to host**

Last Chance Weigh-ins: June 9, 2024 at 8 a.m. (CST) Individual TriStyle will use USA Wrestling match format, timing and scoring. (Weight classes, in pounds, are listed below)

All Weight Classes and Divisions start at 9 a.m. (CST) June 9 Wrestling Schedule:

Freestyle: 9-11:30 a.m. (CST) Greco Wrestling - 12-2:30 p.m. (CST) Boys Folkstyle & Girls Folkstyle 3 p.m. until end of event (CST) (Times are subject to change)

Weight Classes (in pounds) for Individual Tournament:

#### FOLKSTYLE

Boys Bantam (8U) 43 / 45 / 49 / 53 / 56 / 62 / 70 / 85 / 92

Girls Bantam (8U) 43 / 45 / 49 / 53 / 56 / 62 / 70 / 85 / 92

Boys Intermediate (10U) 43 / 53-59 / 63 / 67-71 / 77 / 84 / 93 / 105 / 120 / 127 / 135

Girls Intermediate (10U) 43 / 53-59 / 63 / 67-71 / 77 / 84 / 93 / 105 / 120 / 127 / 135

Boys Novice (12U) 58 / 63 / 67 / 70 / 74 / 78-82 / 86 / 92 / 98 / 108 / 117 / 135 / 160

Girls Novice (12U) 58 / 63 / 67 / 70 / 74 / 78-82 / 86 / 92 / 98 / 108 / 117 / 135 / 160

Boys Schoolboy (14U) 87 / 92 / 97 / 102 / 106-110 / 114 / 119 / 125 / 130 / 136 / 149 / 165 / 187 / 195

Girls Schoolgirl (14U) 87 / 92 / 97 / 102 / 106-110 / 114 / 119 / 125 / 130 / 136 / 149 / 165 / 187 / 195

Boys Cadet (16U) 88 / 94 / 100 / 106 / 113 / 120 / 126 / 132 / 138-145 / 152 / 160-171 / 182-195 / 220 / 285

Girls Cadet (16U) 88 / 94 / 100 / 106 / 113 / 120 / 126 / 132 / 138-145 / 152 / 160-171 / 182-195 / 220 / 285

Mens USA Junior 100 / 106 / 113 / 120 / 126 / 132 / 138-145 / 152 / 160 / 170 / 182-195 / 220-285

Womens USA Junior 100 / 106 / 113 / 120 / 126 / 132 / 138-145 / 152 / 160 / 170 / 182-195 / 220-285

USA Open 127.6 / 136.6 / 154.2 / 172 / 194 / 220.4 / 286.6

Masters A-C 127.6 / 136.6 / 154-172 / 194 / 220-286

Masters D-F 127.6 / 136.6 / 154.2 / 172 / 194 / 220.4 / 286

#### FREESTYLE

Boys Bantam (8U): 43 / 45 / 49 / 53 / 56 / 62 / 70 / 85 / 92

**Girls Bantum (8U): 40 / 43 / 46 / 50 / 55 / 62 / 68 / 74 / 85**  
**Boys Intermediate (10U) 43 / 53-59 / 63 / 67-71 / 77 / 84 / 93 / 105 / 120 / 127 / 135**  
**Girls Intermediate (10U) 45 / 49 / 53 / 57 / 62 / 67 / 73 / 80 / 90 / 100 / 113**  
**Boys Novice (12U) 58 / 63 / 67 / 70 / 74 / 78-82 / 86 / 92 / 98 / 108 / 117 / 135 / 160**  
**Girls Novice (12U) 55 / 59 / 64 / 69 / 75 / 81 / 87 / 94 / 102 / 112 / 126 / 140**  
**Boys Schoolboy (14U) 87 / 92 / 97 / 102 / 106-110 / 114 / 119 / 125 / 130 / 136 / 149 / 165 / 187 / 195**  
**Girls Schoolgirl (14U) 71 / 76 / 81 / 84 / 87 / 90 / 93 / 97 / 102 / 108 / 115 / 121 / 127 / 143 / 163 / 183**  
**Boys Cadet (16U) 88 / 94 / 100 / 106 / 113 / 120 / 126 / 132 / 138-145 / 152 / 160-171 / 182-195 / 220 / 285**  
**Girls Cadet (16U) 88 / 94 / 100 / 106 / 112 / 118 / 124 / 130 / 136 / 142 / 148 / 155 / 170 / 190 / 235**  
**Mens USA Junior 100 / 106 / 113 / 120 / 126 / 132 / 138-145 / 152 / 160 / 170 / 182-195 / 220-285**  
**Womens USA Junior 95 / 100 / 105 / 110 / 115 / 120 / 125 / 130 / 135 / 140 / 145 / 155 / 170 / 190 / 235**  
**USA Open 127.6 / 136.6 / 154.2 / 172 / 194 / 220.4 / 286.6**  
**Masters A-C 127.6 / 136.6 / 154-172 / 194 / 220-286**  
**Masters D-F 127.6 / 136.6 / 154.2 / 172 / 194 / 220.4 / 286**

## **GRECO**

**Boys Bantum (8U) 43 / 45 / 49 / 53 / 56 / 62 / 70 / 85 / 95**  
**Girls Bantum (8U) 43 / 45 / 49 / 53 / 56 / 62 / 70 / 85 / 95**  
**Boys Intermediate (10U) 43 / 53 / 59 / 63 / 67 / 71 / 77 / 84 / 93 / 105 / 120 / 127 / 135**  
**Girls Intermediate (10U) 43 / 53 / 59 / 63 / 67 / 71 / 77 / 84 / 93 / 105 / 120 / 127 / 135**  
**Boys Novice (12U) 58 / 63 / 67 / 70 / 74 / 78-82 / 86 / 92 / 98 / 108 / 117 / 135 / 160**  
**Girls Novice (12U) 58 / 63 / 67 / 70 / 74 / 78-82 / 86 / 92 / 98 / 108 / 117 / 135 / 160**  
**Boys Schoolboy (14U) 87 / 92 / 97-106 / 110 / 114 / 119 / 125 / 130 / 136 / 149 / 165 / 187 / 195**  
**Girls Schoolgirl (14U) 87 / 92 / 97-106 / 110 / 114 / 119 / 125 / 130 / 136 / 149 / 165 / 187 / 195**  
**Boys Cadet (16U) 88 / 94 / 100 / 106 / 113 / 120 / 126-132 / 138 / 145 / 152 / 160-170 / 182 / 195 / 220 / 285**  
**Girls Cadet (16U) 88 / 94 / 100 / 106 / 113 / 120 / 126-132 / 138 / 145 / 152 / 160-170 / 182 / 195 / 220 / 285**  
**Mens USA Junior 100 / 106 / 113 / 120 / 126-138 / 145-152 / 160-170 / 182 / 195 / 220 / 285**  
**Womens USA Junior 100 / 106 / 113 / 120 / 126-138 / 145-152 / 160-170 / 182 / 195 / 220 / 285**  
**USA Open 127.6 / 136.6 / 154.2 / 172 / 194 / 220.4 / 286.6**  
**Masters A-C 127.6 / 136.6 / 154-172 / 194 / 220-286**  
**Masters D-F 127.6 / 136.6 / 154.2 / 172 / 194 / 220.4 / 286**

