

# Alabama State Games Judo Tournament

The purpose of this document is to define the basic structure of Judo competition. The main object of Sport Judo is to score an Ippon(1 point). This can be accomplished by a Throw in which the opponent lands largely on their back with control, speed and impact. If the throwing technique lacks one or more of these elements then it is scored Waza Ari(half point). 2 Waza Ari equals Ippon. If the competitors continue to mat after Waza Ari or failed throw attempt, Ippon can be scored with a hold down technique. A hold down (pin) controlled for 20 seconds will score Ippon. A hold down held for 10 seconds but less than 20 will score a Waza Ari. Depending on the age division. Strangles and Arm locks(involving the elbow) are allowed and will score Ippon when the player the technique is applied to verbally or physically surrenders by tapping out.

Referees and Judges govern the contest. During the match the center Referee is on the mat with the players and ensures the safety of the contest while assigning scores and penalties . The other two referees act as judges. Judges by a majority decision can change a score of technique, recommend a penalty and operate the care system(playback video system) The referees rotate positions every two or three matches. At least one of the referees must be certified through one of the national governing bodies of Judo to supervise non-certified referees.

All participants must be a member of one of the national organizations of Judo. These include USA Judo, United States Judo Association ,United States Judo Federation or United States Traditional Jujutsu Association. Participants are required to train under a certified coach and Judo Club from one of the National Judo Organizations. This is to ensure the overall quality and authentication of the Judo Tournament.

All competitors must at minimum have a white Judo Gi. Blue Judo Gis are optional if you're the second player called the mat. If a player does not have a blue Gi there will wear a blue belt with a white Gi. No match will be contested with both players wearing Blue Gis. Divisions will be divided by age, weight , rank(experience) and gender. Upon check in all players will have their weight, age, rank and membership verified by a tournament staff member.

Coaches must be certified to be able to sit in the assigned chairs. Coaches must have their current certification ready to be verified.

International Judo Federation rules will be used to govern the event. The mat size being the only modification. This is to ensure our event is run properly and in accordance with the current international and Olympic Rules of Judo.