

Alabama State Games 2023

Diving Timeline

8:00 – 9:45	Open Warm-ups	
9:45 – 10:00	Warm-ups for Event 1	
10:00 – 10:35	Event 1 (14 Divers)	
	Girls 5 & U - 1M	
	Girls 6-7 - 1M	Boys 7 under - 3M
	Girls 8-9 - 1M	Boys 8-9 - 3M
	Girls 10-11 - 1M	Boys 10-11 - 3M
	Girls 12-13 - 1M	Boys 12-13 - 3M
	Group E Girls - 1M	Group E Boys - 3M
	Group D Girls - 1M	Group D Boys - 3M
	Group C Girls - 1M	Group C Boys - 3M
10:35 – 11:00	Warm-ups for Event 2	
11:00 – 11:25	Event 2 (11 Divers)	
	Boys 5 & U - 1M	
	Boys 6-7 - 1M	Girls 7 under - 3M
	Boys 8-9 - 251M	Girls 8-9 - 3M
	Boys 10-11 - 1M	Girls 10-11 - 3M
	Boys 12-13 - 1M	Girls 12-13 - 3M
	Group E Boys - 1M	Group E Girls - 3M
	Group D Boys - 1M	Group D Girls - 3M
	Group C Boys - 1M	Group C Girls - 3M
11:25 – 11:50	Warm-ups for Event 3	
11:50 – 12:35	Event 3 (11 Divers)	
	Girls 14-15 - 1M	Boys 14-15 - 3M
	Girls 16-18 - 1M	Boys 16-18 - 3M
	Group A Girls - 1M	Group A Boys - 3M
	Group B Girls - 1M	Group B Boys - 3M
	Masters Women – 1M	Masters Men – 3M
12:35 – 1:00	Warm-ups for Event 4	
1:00 – 1:45	Event 4 (11 Divers)	
	Boys 14-15 - 1M	Girls 14-15 - 3M
	Boys 16-18 - 1M	Girls 16-18 - 3M
	Group A Boys - 1M	Group A Girls - 3M
	Group B Boys - 1M	Group B Girls - 3M
	Masters Men – 1M	Masters Women – 3M